

# PARTNERSHIP

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#OURVOICESPROJECT



OUR VOICES IS A EUROPEAN INITIATIVE DEDICATED TO SUPPORTING YOUNG CARERS, CHILDREN AND YOUNG PEOPLE UNDER THE AGE OF 18 WHO PROVIDE CARE FOR A PARENT OR RELATIVE, OFTEN WITHIN THEIR OWN HOME.



EMPOWEING  
YOUNG CARERS  
ACROSS EUROPE



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**OUR VOICES IS A EUROPEAN INITIATIVE DEDICATED TO SUPPORTING YOUNG CARERS: CHILDREN AND YOUNG PEOPLE UNDER THE AGE OF 18 WHO PROVIDE CARE FOR A PARENT OR RELATIVE.**

Young carers represent a vulnerable and often overlooked group, frequently exposed to multiple risks, including: mental and physical health, limited educational opportunities; social isolation, economic hardship, ecc.

Despite these challenges, support for YCs remains uneven across EU Member States. Public policies affecting them span various domains, but rarely address their needs in an integrated way.

## OBJECTIVES

**OUR VOICES PROMOTES INCLUSIVE AND SYSTEMIC PARTICIPATION OF YOUNG CARERS AT LOCAL, NATIONAL, AND EU LEVELS.**

The project aims to ensure that young carers are not only heard but actively listened to, especially in policy decisions that impact their daily lives. The project will:

- Create the conditions for active youth participation
- Develop tools and strategies that empower young carers to engage in policy discussions
- Advocate for more inclusive, responsive public policies
- Share best practices across Member States

Through coordinated action and a commitment to child rights, OUR VOICES aspires to build a future where young carers are visible, valued, and empowered to shape the systems that serve them.

## RESULTS

### **1 EMPOWERED YOUNG CARERS**

Young carers will gain a better understanding of the value of participation and develop stronger advocacy skills to represent themselves in decisions affecting their lives.

### **2 BETTER EQUIPPED PROFESSIONALS**

Health, social care, and education professionals will enhance their ability to identify young carers and adopt effective practices that support their active participation in decision-making processes.

### **3 STRONGER COLLABORATION AND POLICY INFLUENCE**

Improved cooperation among stakeholders, including young carers, policy makers, professionals, and educators, will promote a sustainable, integrated model of support, replicable in other EU Member States.

